



GP RESOURCE



Navigating
Medicare's New
Chronic Care Plan:

A GP's Guide to the GPCCMP

From 1 July 2025, the Medicare CDM (Chronic Disease Management) system will undergo major changes.

The GP Management Plan (GPMP) and Team Care Arrangement (TCA) will be replaced by a single, unified GP Chronic Condition Management Plan (GPCCMP).

This change is designed to simplify care planning and allied health referrals for patients with chronic conditions, reducing administrative overhead and making it easier to coordinate care across disciplines.

Here are the main changes GPs need to know:

Referring to Allied Health just got simpler

- No more TCA referral forms.
- No requirement to involve two other providers prior to referral.
- You are now able to use a simple referral letter (similar to a specialist referral) that includes:
 - Patient details
 - Referred discipline (e.g. physiotherapy)
 - Clinical reason
 - Validity period (usually 12 months)
- You don't need to name individual providers or include session counts.

Patients now manage their sessions

- Patients now have the ability to choose how they use their five annual pooled Medicare-funded allied health visits, as opposed to being prescribed by their GP.
- Our admin team will help patients understand their entitlements and avoid over-servicing or billing issues.

What about existing plans?

- Existing GPMP and TCA plans remain valid through to 30 June 2027.
- You don't need to reissue referrals unless the patient's condition or care needs change.
- It's business as usual, just with a new referral model moving forward.

Billing considerations

- Medicare-funded visits as previously are pooled across allied health disciplines.
- We'll assist patients in monitoring their usage.



PAIN MANAGEMENT

Physio and Massage

RECOVERY & REHABILITATION

Exercise Therapy

Referrals accepted

The following referrals are accepted for this program:

- Diabetes
- Osteoarthritis
- Heart disease
- DVA Department of Veteran Affairs
- Workers Compensation
- NDIS
- Musculoskeletal conditions



Refer to Benchmark Physiotherapy

Even as the system evolves, our commitment to seamless communication with referring GPs remains unchanged.

- We provide timely reports as required.
- Our systems ensure compliance, up-to-date records, and smooth collaboration with your practice.

Visit the Benchmark Physiotherapy General Practitioners Hub for more resources to empower your patient for better outcomes with physiotherapy.

Contact us to find out more about how we can help your patients reach their potential.

1300 381 207

References

- Department of Health and Aged Care. (2024). Upcoming changes to the MBS Chronic Disease Management Framework. mbsonline.gov.au
- Royal Australian College of General Practitioners (RACGP). (2024). Summary of changes to Chronic Disease Management. racgp.org.au
- RACGP & Department of Health and Aged Care. (2024). Generally Speaking Podcast – Medicare Chronic Disease Management: MBS Updates for 2025. [Listen on Spotify](#)